### **SAULT COLLEGE**

## SAULT STE. MARIE, ONTARIO



# In partnership with Laurentian University, Cambrian College, St. Lawrence College & Northern College

### **COURSE OUTLINE**

**COURSE TITLE:** Family Experience of a Chronic Health Challenge

CODE NO.: NURS1007 SEMESTER: 2

**PROGRAM:** Collaborative BScN

**AUTHOR:** Barbara Thompson in collaboration with Cambrian College,

Laurentian University, Northern College & St.Lawrence

College

**DATE:** Jan/15 **PREVIOUS OUTLINE DATED:** Jan/14

**APPROVED:** "Marilyn King" Dec. 2014

CHAIR DATE

**TOTAL CREDITS:** 3

PREREQUISITE(S): NURS1004

**HOURS/WEEK:** 3 (Plus 10 hours Community Family Clinical Experience)

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School of Health Wellness and Continuing Education

(705) 759-2554, Ext. 2689

#### I. COURSE DESCRIPTION:

This course focuses on concepts related to the family's lived experience with a chronic health challenge, health promotion, and the determinants of health. Emphasis is placed on the development of critical thinking skills in relation to critiquing the literature. Learners will participate in health assessment of individuals and families following a recognized framework in order to explore the meanings of health for individuals and their family members. A variety of activities related to the nurse's role in promoting and maintaining health in lives complicated by chronic health challenges will be provided.

#### II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

#### **ENDS IN VIEW**

This course will introduce learners to the two dominant knowledge paradigms and the process of concept analysis. Learners will have the opportunity to develop the ability to access relevant literature and develop scholarly writing skills. Through the process of family assessment, learners will have opportunities to gain insight into people's experiences with chronic health challenges focusing on the concept of caring in this context.

#### **PROCESS**

The faculty's intent is that a caring relationship will develop between the teacher and learners, indicative of the type of relationship that learners will be developing with their clients. It is hoped that learners will understand that caring involves challenges, critical thinking, and nurturing and that this will be the nature of the relationship in the seminars. It is expected that learners will access and examine relevant literature and share their practice experiences in class each week. Preparation for class will contribute to the quality of the learning activity experiences and will facilitate success in the course. The learners will be encouraged to engage in the reflective process.

This course is supported with the Learning Management System (D2L).

#### III. TOPICS:

The course will be organized around the following concepts:

## **Class Content**

Week 1 Jan 6	Introduction to NURS1007		
Week 1 Jun 0	Family – CFAM		
Week 2 Jan 13			
	Concept Analysis		
Week 3 Jan 20	Chronicity and Ways of Knowing		
Week 4 Jan 27	Family – Patterns/Roles/Role Challenges		
Week 5 Feb 3	Family – Family Care Givers		
	Time/Transitions		
	Literature Searches and Reviews		
	*First family visit must be completed by this week		
Week 6 Feb 10	Assignment #1 due Tuesday at 0830		
	Perception Part 1 – Self-image/Self-esteem/Stigma/		
	Normalization		
Week 7 Feb 17	WINTER STUDY BREAK		
Week 8 Feb 24	Perception Part 2 – Pain/Suffering/Comfort		
Week 9 March 3	Perception Part 3 – Loss/Grieving		
Week 10 March 10	Hope/Courage/Spirituality		
Week 11 March 17	Compliance/Adherence		
	*Second family visit must be completed by this week		
Week 12 March 24	Assignment #2 due Tuesday at 0830		
	Health Promotion: Pulling it all Together		

<sup>\*</sup>Sequencing of topics/assignments is subject to change based on teaching/learning needs.

Please see the "NURS 1007 Family Experiences of a Chronic Health Challenge Evaluation Processes and Learning Activities" package for additional information.

## IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

College of Nurses of Ontario. (2009). *Therapeutic nurse-client relationships: Revised* 2006. Retrieved from http://www.cno.org/docs/prac/41033\_Therapeutic.pdf

Wright, L.M., & Leahy, M. (2013). *Nurses and families: A guide to family assessment and intervention* (6<sup>th</sup> ed.). Philadelphia, PA: F. A. Davis

#### **Recommended Resources:**

Registered Nurses' Association of Ontario. (2002). *Client centred care*.

Retrieved from <a href="http://www.rnao.org/Storage/15/932\_BPG\_CCCare\_Rev06.pdf">http://www.rnao.org/Storage/15/932\_BPG\_CCCare\_Rev06.pdf</a>

Registered Nurses' Association of Ontario. (2002). *Establishing therapeutic relationships*. Retrieved from <a href="http://www.rnao.org/Storage/15/936">http://www.rnao.org/Storage/15/936</a> BPG TR Rev06.pdf

### **Assigned Articles and Readings:**

Readings and learning resources from NURS1206, NURS1056, and NURS1004

Supportive Readings: found on relevant databases, on D2L, or to be handed out in class.

#### V. EVALUATION PROCESS/GRADING SYSTEM:

<b>Evaluation Tool</b>	<b>Due Date</b>	Marks
Written Assignment #1: Description of Family with a Chronic Health Challenge	Feb. 10	40%
Family Visits	Both completed by Mar. 20	S/U
Written Assignment #2: Chronic Illness Concept paper	Mar. 24	60%

❖ In order for students to receive a final grade for NURS 1007, all evaluation components must be completed.

## Family Experience of a Chronic Health Challenge

Please refer to Student Manual and Evaluation Processes and Learning Activity Package for policies regarding assignments.

All assignments are due at 0830 on the designated date unless instructed otherwise. Extension requests **must be made prior to the due date and time** and must be in writing. Written requests with permission from the course professor and must include a new due date and time. Extension penalties for non-extenuating circumstances will be 10% per day including weekends and holidays.

In order for students to receive a final grade for Nurs1007 all evaluation components must be completed and submitted by the required due date above unless prior arrangements are made with your professor.

Up to 10% will be deducted for APA errors.

A hard copy must be handed in in person, and an electronic copy of each assignment must be emailed to the course professor via the course D2L site by the due date and time.

For assignment #2, hard copies of the 5 articles chosen for your literature review must be submitted to the course professor on or before the due date along with the paper. Please place them in an envelope with your name on it. Assignments will be considered handed in when all components are submitted to the professor. Deductions for lateness will be incurred until the point that all components are submitted if it is beyond the due date, as per the nursing program policy in the BScN handbook.

Punctual and regular attendance at classes is highly recommended as a success strategy in this course.

The following semester grades will be assigned to students:

		Grade Point	
<u>Grade</u>	<u>Definition</u>	<u>Equivalent</u>	
A+	90 - 100%	4.00	
A	80 - 89%		
В	70 - 79%	3.00	
C	60 - 69%	2.00	
D	50 – 59%	1.00	
F (Fail)	49% and below	0.00	

CR (Credit) Credit for diploma requirements has been awarded.

## Family Experience of a Chronic Health Challenge

S	Satisfactory achievement in field /clinical
	placement or non-graded subject area.
U	Unsatisfactory achievement in field/clinical
	placement or non-graded subject area.
X	A temporary grade limited to situations with
	extenuating circumstances giving a student
	additional time to complete the requirements
	for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course
	without academic penalty.

For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

All NURS courses require 60% for a passing grade.

#### VI. SPECIAL NOTES:

#### Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

It is the departmental policy that once the classroom door has been enclosed, the learning process has begun. Late arrivers will not be granted admission to the room.

Course credit will not be granted if more than 20% of classes are not attended, as per the BScN handbook.

#### VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located on the portal form part of this course outline.